

EGGBREAK



eggs all day

AVO TOAST (V) 14

Sourdough, poached eggs, smashed avocado, salsa verde, leafy radish, lime

KOREAN BBQ PULLED LAMB 17

BBQ Lamb on white rice with crispy shallots, poached egg and peanut rayu

EGG, BACON & CHEESE TOASTY 15

Brioche, hardwood smoked bacon, free-range sunny side egg, American sliced cheddar, chipotle ketchup

JOHN'S SABICH EGG BENEDICT (V) 13

Poached egg, tahini hollandaise, Bharat aubergine, spinach & cream cheese on a toasted bagel

with Avo +4, Mushrooms +4, Bacon +5

HOT HONEY FRENCH TOAST 15

Savoury French toast, za'atar, cherry tomatoes, garlic, thyme. poached eggs, labneh, Dr Sting's hot honey

GREEN ASPARAGUS HALLOUMI TOAST (V) 15

Green asparagus on toasted brioche, topped with grilled halloumi and pumpkin seeds finished with Turkish yoghurt and olive oil

add a Poached Egg, one +1.5 two +3

TURKISH EGGS (V) 15

Poached eggs, dill yoghurt, smoked paprika and a cheese toastie

EGGBREAKY MELT (V) 13

Potato bun, roasted red pepper jam, American sliced cheddar, scrambled eggs

with Pork & leek sausage +5 Bacon +5

MEXICAN OMELETTE (V) 13

Omelette with avocado, chilli, spring onion, feta cheese and coriander

EGGBREAK BENEDICT 14

Toasted muffin, poached eggs, brown butter hollandaise with Scottish smoked salmon or hardwood smoked bacon

THE EGGBREAK SWEET 'N' SPICY CHICKEN SANDWICH 15

Buttermilk fried chicken, 12:51 scotch bonnet jam, pickled ginger, cream cheese and a fried egg, stacked on a potato brioche bun

JERK SPICED PORK 16

Jerk pork belly with spicy beans, pickled chillies and a crispy fried poached egg

SALMON FISH CAKE 15

Salmon fish cake with poached eggs, sriracha hollandaise and spinach

SALADS AND BOWLS

MEDITERRANEAN MEZZE (VG) 14

Charred peppers, cucumber and aubergine with crispy chickpeas, hummus and flatbread

CAULIFLOWER QUINOA SALAD 14

Quinoa with curried cauliflower, garden peas and pickled radish

BROCCOLI AND AVOCADO GRAIN BOWL ... 15

Broccoli and Avocado with quinoa, pomegranate, pickled chillies, and a chopped egg

add a Poached Egg to any salad one +1.5 two +3

Something sweeter

NUTELLA FRENCH TOAST	13
Cornflakes, mascarpone	
ARI'S PANCAKES (V)	12
Banana, raspberries, salted caramel butter	
HOUSEMADE QUINOA GRANOLA (V)	11
Date yogurt, orange, blueberries	
REINA'S COCONUT AND BANANA BREAD (V)	9
Clotted cream, blueberries	
EGGBREAK PORRIDGE (VG/GF)	11
Served warm with mixed berries and a side of honey	
MANGO YOGURT (V/GF)	10
Topped with fresh seasonal fruit	

a bit extra

Halloumi (V)	4
Tater tots (V)	4
Thyme roasted field mushrooms (VG)	4
Grilled tomatoes (VG)	4
Smashed avocado, chilli, lemon (VG)	5
Puglian burrata (V)	8
Scottish smoked salmon	6
Pork & leek sausage	5
Hardwood smoked bacon	5
Grilled chorizo	5
Lamb merguez sausage	5
Sliced Avocado (VG)	4

the bakery

PASTRIES

Croissant, butter & jam / marmalade.....	4
Pain au chocolat	5
Baklava croissant	6

BREADS

Rye	3
Pita	4
Sourdough	3
Gluten Free	4
Bagel	4
Muffin	4
Brioche Slice	4

Regrettably we cannot guarantee that any of our menu items are free from nuts. Please let us know if you have any allergies or require information on ingredients used in our dishes.

EGGBREAK



Coffees

House Brew monthly special	3
Single origin beans (free refills)	
Origin Roastery	2.8
Espresso, americano	
Regulars	3.2
Cappuccino, latte, cortado, macchiato, mocha, flat white	
with Skimmed, almond, oat, soy, coconut, hazelnut or decaf +0.3	

others

Hot chocolate	4
Matcha latte	5
Fresh orange, apple or grapefruit juice	2.75
Coca-Cola, Diet Coke, Fever-Tree tonic, lemonade or soda	3
Bottled water, still or sparkling (750ml)	3.5

smoothies

PRESS (cold pressed bottled)	6
Berry Recovery – Apple, banana, lime, coconut water, strawberry, blueberry, raspberry, coconut milk	
Immunity – Apple, banana, orange, avocado, lemon, ginger, turmeric, cayenne	
Super Greens – Apple, banana, lemon, spinach, cucumber, avocado, guarana	

teas

Builder's Tea (mug)	3
CANTON TEA	4
Loose Leaf Tea Pot – Earl Grey, lemongrass & ginger, English breakfast, jade tips, rooibos, jade oolong, jasmine pearls, Moroccan mint, chamomile	
DRY DRAGON	5
Real Kombucha – Green tea	
TRIP CBD	4.5
Elderflower & Mint , contains 15mg CBD	
Lemon & Basil , contains 15mg CBD	
EGGBREAK ICED TEA	5.5
Berry Hydrating – Cold infused hibiscus and berry tea, lemon, maple	
Green Goddess – Cold infused lemongrass & ginger tea, lemon, agave	

juices

DAILY DOSE (cold pressed bottled)	6
O'Fresco – Apple, carrot, lemon, ginger, turmeric	
Zenzero – Apple, ginger, lemon, thyme	
Rouge – Apple, beetroot, ginger, lemon, aloe vera	
C-Bomb – Orange, lemon, freeze dried cherry	
Coco Verde – Coconut water, romaine, kale, spinach, cucumber, lemon, mint	

cocktails

SPRITZ & CLASSICS 9

Ruby Spritz – Pampelle Ruby Grapefruit, soda, prosecco

Melon Spritz – Melonade, tonic water, prosecco

Brit'Spritz – Kamm & Sons, elderflower cordial, soda, prosecco

White Negroni – Gin, Lillet Blanc, Suze

Sbagliato – Campari, sweet vermouth, prosecco

Espresso Martini – Rum, espresso, Mr Black liqueur

Rossini – Strawberry purée, prosecco

HOUSE GIN & TONICS

Boxer Gin, London Essence Grapefruit and Rosemary Tonic **7.5**

Tanqueray No. 10, London Essence Pomelo & Pink Pepper Tonic **9.5**

BLOODY MARYS 9

The Classic One – Vodka, tomato, spicy mix, lemon, celery

The Hot One – The Classic One plus Frank's Hot Sauce

The Healthy One – Vodka, St Germain, pineapple, celery, lime, wasabi

beers

Toast Craft Lager, London **5.5**

Toast Pale Ale, London **5.5**

Aspall Cyder, Suffolk **5.5**

wines

WHITE 125ml / 500ml / 750ml
Blau Cel Organic Blanc, 2018, Catalunya Spain **6 / 19 / 34**

ROSÉ
Château Gassier Organic, Côtes de Provence, 2015, France **5 / 20 / 28**

RED
Melodias Malbec Trapiche, 2015, Argentina **4.5 / 18 / 25**

BUBBLES
Prosecco Artigianale, Italy **6.5 / NA / 39**