

eggs all day

HOT 4 EGGBREAK TABASCO

FRITTATA SANDO (V) 10.5

Potato frittata, pickled shallot, Tabasco Sauce Chimichurri, brioche bread
Avo **+3**, Bacon **+4**, Fried Egg **+1.5**

EGGS YOUR WAY (V) 9

'Fenton' eggs, fried, scrambled or poached on sourdough toast

SWEET POTATO ROSTI (V/GF) 11.5

Poached egg, goat's cheese, kale, pine nuts, dill yogurt

BURRATA & TRUFFLE

SCRAMBLED EGGS (V) 15

With challah bread, chives

AVO TOAST (V) 13

Sourdough, poached eggs, smashed avocado, salsa verde, leafy radish, lime

BREAKYBAB (V) 10

Flatbread, aubergine tahini, fried egg, sesame, Mediterranean feta, pomegranate
Lamb merguez sausage **+4**

EGG, BACON & CHEESE TOASTY ... 15

Brioche, hardwood smoked bacon, free-range sunny side egg, American sliced cheddar, chipotle ketchup

GREEN SHAKSHUKA (V) 12

Baked eggs, Mediterranean feta, za'atar, chermoula, challah bread
Lamb merguez sausage **+4**

TURKISH EGGS (V) 12

Poached eggs, dill yoghurt, smoked paprika and a cheese toastie

EGGBREAK BENEDICT 13

Toasted muffin, poached eggs, brown butter hollandaise with Scottish smoked salmon or hardwood smoked bacon

MEXICAN OMELETTE (V) 12

Omelette with avocado, chilli, spring onion, feta cheese and coriander

LAMB HASH (GF) 14

Shredded lamb, sweet potato hash, fried egg, garlic pesto, dill yogurt

EGGBREAKY MELT (V) 12

Potato bun, roasted red pepper jam, American sliced cheddar, scrambled eggs
Pork & leek sausage or hardwood smoked bacon **+4**

CRAB CAKE 15

Crab cake with poached eggs, sriracha hollandaise and spinach

SPICY PIGGY BUN 9.5

Gochujang- spiced pork patty, homemade chilli jam, ginger, fried egg, American cheese, potato brioche bun

BTA BAP 9.5

Smoked streaky bacon, heritage tomato, spiced avocado, potato brioche bun

JOHN'S SABICH EGG BENEDICT (V) .. 12

Poached egg, tahini hollandaise, Bharat aubergine, spinach & cream cheese on a toasted bagel
Avo **+3**, Mushrooms **+3**, Bacon **+4**

HALLOUMI & AVOCADO SALAD 12 (V/GF)

Cucumber, baby spinach, lemon yogurt, fennel, mint, sunflower seeds
Poached eggs **+3**

Something Sweeter

NUTELLA FRENCH TOAST

Cornflakes, mascarpone..... **12**

ARI'S PANCAKES (V)

Banana, raspberries, salted caramel butter **11**

HOUSEMADE QUINOA GRANOLA (V)

Date yogurt, orange, blueberries..... **10**

REINA'S COCONUT AND BANANA BREAD (V)

Clotted cream, blueberries **8**

HONEY BEE BOWL (V/GF)

Soft overnight oats, wildflower honey,
granny smith apple, cardamom, walnuts, bee pollen **10**

a bit extra

Halloumi (V)	3
Tater tots (V)	3
Thyme roasted field mushrooms (VG) ..	3
Roasted tomatoes (VG)	3
Smashed avocado, chilli, lemon (VG) ..	4
Puglian burrata (V)	7
Scottish smoked salmon	5
Pork & leek sausage.....	4
Hardwood smoked bacon	4
Grilled chorizo.....	4
Lamb merguez sausage	4
Sliced Avocado (VG)	3

the bakery

PASTRIES

Croissant.....	3
butter & jam/marmalade	+1
Pain au chocolat	4
Baklava croissant.....	6

BREADS

Rye	2
Pita.....	3
Sourdough	2
Gluten Free	3
Bagel	3
Muffin.....	3
Brioche Slice.....	3

Regrettably we cannot guarantee that any of our menu items are free from nuts. Please let us know if you have any allergies or require information on ingredients used in our dishes.

Coffees

HOUSE BREW MONTHLY SPECIAL

Single origin beans (free refills)**3**

ORIGIN ROASTERY

Espresso, americano **2.8**

REGULARS

Cappuccino, latte, macchiato,
mocha, flat white **3.2**

Almond, oat, soy, coconut,
hazelnut dairy alt. or decaf **+0.3**

Others

Filtered still and sparkling **free**

Hot chocolate **4**

Matcha latte **5**

Fresh orange, apple,
or grapefruit juice **2.75**

Coca-Cola, Diet Coke,
Fever-Tree tonic, lemonade **3**

Smoothies

PRESS cold pressed (bottled)

BERRY RECOVERY

Apple, banana, lime, coconut water,
strawberry, blueberry, raspberry,
coconut milk **6**

IMMUNITY

Apple, banana, orange, avocado,
lemon, ginger, turmeric, cayenne..... **6**

SUPER GREENS

Apple, banana, lemon, spinach,
cucumber, avocado, guarana **6**

Teas

BUILDER'S TEA (MUG) 3

CANTON TEA (LOOSE LEAF TEA POT)

Earl Grey, lemongrass & ginger,
English breakfast, jade tips,
rooibos, jade oolong, jasmine
pearls, Moroccan mint,
chamomile **4**

REAL KOMBUCHA

Dry dragon - green tea **5**

TRIP CBD ELDERFLOWER & MINT

Contains 15mg CBD **4.5**

TRIP CBD LEMON & BASIL

Contains 15mg CBD **4.5**

BERRY HYDRATING ICED TEA

Cold infused hibiscus and berry
tea, lemon, maple **5.5**

GREEN GODDESS ICED TEA

Cold infused lemongrass & ginger
tea, lemon, agave **5.5**

Juices

DAILY DOSE cold pressed (bottled)

O'FRESCO

Apple, carrot, lemon, ginger, turmeric .. **6**

ZENZERO

Apple, ginger, lemon, thyme..... **6**

ROUGE

Apple, beetroot, ginger, lemon,
aloe vera **6**

C-BOMB

Orange, lemon, freeze dried cherry ... **6**

COCO VERDE

Coconut water, romaine, kale,
spinach, cucumber, lemon, mint .. **6**

cocktails

BLOODY MARYS 9

The Classic One – Vodka, tomato, spicy mix, lemon, celery

The Hot One – The Classic with Frank's Hot Sauce

The Carrot One – Vodka, carrot, tomato, spicy mix, lemon, Frank's Hot Sauce

The Healthy One – Vodka, St Germain, pineapple, celery, lime, wasabi

GIN & TONICS

Portobello Road No. 171, Fever Tree Tonic **6.5**

Boxer Gin, London Essence Grapefruit and Rosemary Tonic .. **7.5**

Tanqueray No. 10, London Essence Pomelo & Pink Pepper Tonic **9.5**

SPRITZ & CLASSICS 9

Ruby Spritz – Pampelle Ruby Grapefruit, soda, prosecco

Melon Spritz – Melonade, tonic water, prosecco

Brit'Spritz – Kamm & Sons, elderflower cordial, soda, prosecco

White Negroni – Gin, Lillet Blanc

Sbagliato – Campari, sweet vermouth, prosecco

Espresso Martini – Rum, espresso, coffee liqueur

Rossini – Strawberry purée, prosecco

beers

Toast Craft Lager, London **5.5**

Toast Pale Ale, London **5.5**

wines

WHITE

125ml / 500ml / 750ml

Mohua Sauvignon Blanc Peregrine Wines, 2015, New Zealand **6 / 22 / 30**

Blau Cel Organic Blanc, 2018 Catalunya Spain **6 / 19 / 34**

Assyrtiko Ktima Kir-Yiani 2018, Macedonia Greece **7 / 24 / 38**

Chardonnay, Cannonball 2017, California USA **9 / 27 / 42**

ROSÉ

Château Gassier Organic, Côtes de Provence, 2015, France **5 / 20 / 28**

RED

Melodias Malbec Trapiche, 2015, Argentina **4.5 / 18 / 25**

Shiraz Madfish 2014, Australia **6 / 22 / 30**

Fitou Rouge Les 4 Vents, 2017, Languedoc-Roussillon France **7 / 24 / 31**

Pinot Nero DOC, Colterenzio 2018, Alto Adige Italy **8 / 25 / 40**

BUBBLES

Prosecco Artigianale, Italy **6.5 / NA / 39**